

PROGRAM DESCRIPTIONS

CONFLICT RESOLUTION, Aug 25, 9:00-11:00 am. Join us to learn how to keep your head, cool, and control; and resolve conflict positively. Discover ways to minimize the likelihood of conflicts, how to communicate in difficult situations, and how to mediate disagreements between others. Turn negative confrontations into constructive experiences by attending today!

FAMILY READINESS BRIEFING, Aug 2, 9, 16, 23, & 30, 1:00-2:00 pm. Create your own personal/family care plan in advance. All active duty, civilian, and family members facing the possibility of a deployment or remote assignment are encouraged to attend. Learn about free phone cards, personal finances, Give Parents a Break, and more.

FEDERAL FOOD DISTRIBUTION, Aug 25, 11:00 am-1:00 pm (FSC Lanai). Commodity foods are made available by the US Department of Agriculture to supplement the diets of income-eligible individuals. The food supply is limited and will be distributed on a first-come, first-serve basis. To see if you are eligible, please call 449-0300. A copy of your current LES and ID card are required.

INTERVIEWING WITH CONFIDENCE, Aug 19, 9:00-11:00 am. Experts agree that the most critical part of the hiring process is the interview. Learn the skills and techniques to turn your interview into a positive experience. Learn various techniques to negotiate the best salary and benefits package.

LOOKING FOR EMPLOYMENT IN HAWAII, Aug 3 & 24, 8:30-10:00 am. Let us help you find the job you want! Explore local employment trends, be informed on employment and education resources, register to use the Joint Employment Management System (JEMS) computerized job bank, and learn how to maximize your job search via the Internet.

MONEY MANAGEMENT, Aug 4 & 25, 2:00-3:00 pm. This “hands-on” class discusses hot money issues including debt management, car buying, credit cards, and investing for the future.

NATIONWIDE SPECIAL AGENT RECRUITMENT—FBI, Aug 17, 1:00-3:00 pm. An FBI special agent, Mr. Kal Wong, will provide you with information on their 2004-2005 recruitment for special agents nationwide. Requirements: Must have a 4-year college degree from an accredited institution and a strong resume with 2-3 years of professional, investigative, and managerial work experience. (23-36 years of age)

NEW TO HAWAII FINANCIAL BRIEFING, Aug 18, 8:00-9:00 am. This is a mandatory briefing for all E-1s through E-4s at their second permanent duty station. The class is designed as an orientation to the financial aspects of living on Oahu. Subjects covered include the Personal Financial Management Program, Air Force Aid Society, budgeting, wise use of credit, and basic savings and investing.

SMOOTH MOVE, Aug 26, 9:00-11:00 am. Being prepared makes relocation less stressful. Subject matter experts will update you on the latest policy changes that may impact your move. All members and/or spouses are encouraged to come. This class primarily focuses on active duty PCS moves.

SPONSORSHIP TRAINING, Aug 5, 9:00-10:30 am. Be a super sponsor! As the unit's ambassador, you can make the relocation to Hawaii a very positive experience. Let us help you by giving you a one-stop shop of the necessary tools and resources needed to be successful. Recommended for all and essential for the first-time sponsor.

TRANSITION ASSISTANCE PROGRAM (TAP) 3-DAY WORKSHOP, Aug 10-12, 8:00 am-4:00 pm, Daily. Join us for a smooth and successful move to a second career or to retirement. Instructors from the Departments of Labor, Defense, and Veterans' Affairs, and other community and base experts will provide information and training on the job search and other critical elements of the transition process. Spouses are highly encouraged to attend.

VOLUNTEER ORIENTATION, Aug 2, 9, 16, 23, & 30, 10:30-11:30 am (American Red Cross, Bldg 1105). Volunteers are needed and wanted on Hickam. Learn about the many volunteer opportunities with the 15th Airlift Wing, PACAF, or tenant agencies. Schedule attendance through the American Red Cross at 449-0166.

WHAT TO EXPECT THE TODDLER YEARS, Aug 4, 9:00-11:30 am. Join a panel of experts for a workshop designed to explore your child's toddler years. Topics include developmental characteristics of toddlers and ways to engage your child in age-appropriate activities; toddler discipline; toddler nutrition; and car seat safety.

***FAMILY SUPPORT CENTER
Hickam AFB, Hawaii
Building 1105, 449-0300
www.hickam.af.mil/FamSup***